Resources for Support
Updated 1/20/16

Confidential
- CAPS services through Vaden
  650-723-3785
  https://vaden.stanford.edu/caps/about-us
- Confidential Sexual Assault Counseling (CSAC)
  650-736-6933
  http://vaden.stanford.edu/sexual-assault
- Office of Religious Life
  650-723-1762
  http://web.stanford.edu/group/religiouslife/cgi-bin/wordpress/
- University Ombuds
  650-723-3682
  http://web.stanford.edu/dept/ombuds/

Private but not Confidential
- Graduate Life Office (GLO) Deans
  (650-736-7078); https://glo.stanford.edu/
- Area Community Associates (CA's)
- Your academic department’s student services
- CAPS on-call clinician
  650-723-3785
- Domestic Violence Support Network
  800-572-2782
- Stanford Sexual Assault Hotline
  650-725-9955
  https://notalone.stanford.edu/
- Suicide Prevention Lifeline
  1-800-784-2433
  http://www.suicide.org/
- Veterans Crisis Line
  1-800-273-8255, press 1
  Chat at VeteransCrisisLine.net
  Text to 838255
- YWCA Rape Crisis Hotline
  650-493-7273 or 408-287-3000
  http://ywca-sv.org/programs/SN/

24 Hour
- GLO pager
  650-723-8222 enter ID # 25085
  https://glo.stanford.edu/

Support Communities
- Asian American Community Center
  https://a3c.stanford.edu/
- Bechtel International Center
  http://icenter.stanford.edu/
- Black Community Services Center
  https://bcscc.stanford.edu/
- Diversity and First Gen Office
  https://diversityandfirstgen.stanford.edu/
- El Centro Chicano y Latino
  https://elcentro.stanford.edu/
- LGBT Community Resources Center
  https://lgbt.stanford.edu/
- The Markaz: Resource Center for Engagement with the Cultures and Peoples of the Muslim World
  https://markaz.stanford.edu/
- Native American Cultural Center
  https://nacc.stanford.edu/
- Office of Accessible Education
  https://oae.stanford.edu/
- Office for Military-Affiliated Communities
  https://military.stanford.edu/
- Women’s Community Center
  https://wcc.stanford.edu/

Anonymous
- The Bridge Peer Counseling Center
  650-723-3392

More resources on the Stanford Wellness Network: https://wellness.stanford.edu